



## *Career Advancement*

Where are you now in terms of where you planned to be in your career? On target, well above or lagging behind? What more do you want to achieve - money, responsibility, recognition?

What steps have you taken to get you there? What worked? What do you need to do more of?

What satisfaction are you getting from the work you do now? Is it enough?

Are you motivated, excited and leaping out of bed each morning to get to work? Or ... do you find it a 'grind' and feel that other people or forces restrict your ability to perform to your highest potential.

### *Which of these resonates with you?*

It can sometimes be a tough and lonely road on the corporate highway. How can you share the brilliance you have and at the same time, protect your ideas and intellectual property from those who may 'steal your thunder?' How do you kick start your career into high gear?

### *We spend more than a third of our lives at work?*

Coaching provides the platform to accelerate your career aspirations. In our coaching sessions (that are up to an hour) we follow a process of questioning that will help you to clarify any issue and the circumstances of the situation. This will lead you to considering what options are available so that you may start to solve the issue and move forward to a satisfactory resolution.

You will decide what if any action you will take and you will be responsible for the outcome. Your career is in your hands.

### *What do you choose?*